



*The following are the areas of growth worked on in the course. Please check only your top two opportunities for development, based on the descriptions that follow:*

- ξ **Journey Taker** – Do I spend time in prayer and read the Bible daily or nearly daily? Am I memorizing Scripture? Do I daily make decisions based on what I know of the Bible? Is my heart filled with gratitude for all God has done for me? Am I significantly grieved when I sin and do I repent? Is one of my deepest desires to be obedient to God? Is my marriage a “context” through which I live out my relationship with God? Or am I more focused on my own happiness? Do I spend time daily listening to God? Can I see Him in the middle of an average moment in a day? Do I pray for others daily? Have I asked God to help me grow? Do I believe He will complete the good work He has begun in me?
- ξ **Household Manager** – Are things “under control” at home (laundry, dishes, cleaning, etc.)? Does my family eat healthful meals together more often than not? Is our home a relaxing and comfortable place for my husband and my family? Am I able to do what God calls me to do in my home without excessive stress (host a Bible study, entertain, etc.) Am I comfortable when people come by unannounced? Am I well organized in my time management and effectively handle multiple responsibilities? Is our home a place of peace or of constant stress and chaos?
- ξ **Communicator** – Am I concise in my communication or do I ramble and take “tangents”? Am I considered a good listener? Does my husband confide in me? Do I avoid arguments and yet get my point across without upsetting him? Am I critical or sarcastic when speaking to my husband? Does he feel respected and admired by me? Do I regularly point out things he does well? Do I ask him for advice? Does he perceive me as a positive person or a “complainer”? Am I often defensive, judgmental, and critical? Am I an encourager? Do I know how to speak the truth in a gentle way?
- ξ **Biblical Wife** – Do I know what my husband’s dreams are? Am I happy with him just as he is or do I think he needs to change? Do I try to control or manipulate him? Do I take on different tasks to free him up to do what God wants him to do? Do I respond to my husband physically and initiate intimacy? Do I support my husband in his role as head of our family? Do I understand and practice Biblical submission, or do I get angry or confused when I think about that concept? Do I make efforts to be attractive to him based on what I know he likes? Does my husband feel good about himself when he is around me? Do I make intentional efforts to help him as often as I can?
- ξ **Woman of Strength & Dignity** – Am I considered a confident person? Do I feel courageous enough to do what God wants me to do? Do I have a spirit of “power, love and self-discipline” or do I have a spirit of “timidity”? Do I worry about what the future will bring? Do I know God’s purposes for my life and trust He will help me succeed? Am I a woman of strength and dignity? Do I handle life’s challenges and problems gracefully? Does my husband have confidence in me? Do I wrap my identity up in what the Audience of One thinks, or am I trying to please people? Do I avoid dealing with conflict? Do I disagree in a way that is compassionate to the other person? Do I do everything my husband says, even if it is sinful, or do I do what God wants, but without demeaning or diminishing my husband?

*What top two areas appeal most to you at this time and why?*

*What would happen if you were able to grow significantly in those two areas over the next 14 weeks?*

*What would that mean for your relationship with God and your husband?*