

Strength & Dignity Conference – tentative schedule 2023

Wednesday:

5:00pm – 7:00pm	Check-in
5:30pm – 6:00pm	Dinner
7:00pm – 9:00pm	Welcome & Begin with Joy

Thursday:

7:00am – 7:15am	Rise & Shine – <i>stretching with Lewelen</i>
8:00am – 8:30am	Breakfast
9:00am – 12:00pm	Session 1 (breaks included) <i>Boundaries – how to create healthy boundaries and learn how a lack of or misapplied boundaries destroy relationships and damage our IDENTITY in Christ.</i>
12:00pm – 12:30pm	Lunch
1:00pm – 5:30pm	Session 2 (breaks included) <i>Moving into MUTUAL RESPECT – how to respect yourself and others to facilitate relationship change from a place of healthy IDENTITY in Christ.</i>
5:30pm – 6:00pm	Dinner
6:30pm – 8:30pm	Connection & Sharing

Friday:

7:00am – 7:15am	Rise & Shine – <i>stretching with Lewelen</i>
8:00am – 8:30am	Breakfast
9:00am – 12:00pm	Session 3 (breaks included) <i>Moving into HEALING – what's needed and missing in my faith walk to help me STOP feeling hopeless, to help me move forward?</i>
12:00pm – 12:30pm	Lunch
1:00pm – 5:30pm	Session 4 (breaks included) <i>HEALING – group coaching sessions – to move forward with the Lord Jesus.</i>
5:30pm – 6:00pm	Dinner
6:30pm – 8:30pm	Connection & Personal Vision Casting

Saturday:

7:00am – 7:15am	Rise & Shine – <i>stretching with Lewelen</i>
8:00am – 8:30am	Breakfast
9:00am – 12:00pm	Session 5 (breaks included) <i>NITTY GRITTY with the relationship CONFLICTS – how to move forward NOW.</i>
12:00pm – 12:30pm	Lunch
1:00pm – 5:30pm	Session 6 (breaks included) <i>Walking out your healing.</i> <i>GROUP COACHING – forward movement opportunities for your personal journey.</i>
5:30pm – 6:00pm	Dinner
7:00pm – 9:00pm	Blessing Service in the Chapel

Sunday:

8:00am – 8:30am	Breakfast
8:30am	Leave for Sunday service at Horizon Community Church
11:00am	Check-out